Christian Youth Camps Waihola – Packing Checklist

Please check all gear is named before coming to camp. We cannot guarantee it will get back to you if unnamed.

Medication – Important Information

- Medication/supplements must be in their original box. No pill organisers or loose pill sheets allowed.
- Ensure you have given correct dosage and prescription information in writing before camp begins.
- Children requiring an EpiPen will not be allowed to attend camp without their EpiPen.
- Caregivers must sight and sign consent to administer medication when they arrive at camp. Medication will be handed in at the registration desk – do not leave it in your campers' bags.



General

- Fitted single sheet – mandatory for hygiene reasons
- Baking and/or snacks with ingredient list
- Pillow, sleeping bag (extra blanket or duvet recommended for Winter camps)
- Waterbottle (large)
- Torch
- Bible (if you have one)

Clothing

- White t-shirt for tie dye activity (if you are unable to bring this, please contact CYC)
- Warm pants and tops for outdoors. Ensure you have enough spares for when clothes get dirty.
- Warm layers (jackets and thermals)
- Raincoat
- Gumboots or hiking boots
- Spare old clothes (for messy activities)
- Pyjamas (warm ones depending on season)
- Plenty of socks/undies!
- Non-muddy, closed-toe indoor shoes
- Beanie or sunhat (depending on season)

Toiletries & Hygiene

- Toothbrush & toothpaste
- 2 towels
- Sunscreen
- Soap and shampoo
- Reusable shopping bag (for hanging clothes and toiletries inside the shower cubicle)
- Insect repellent (particularly in Summer)